

Plains Style Cuff

Plains-style cuffs are worn for decoration. Today, they are worn by dancers at pow wows. This eight-point star design was taken from a pair of Sioux moccasins. The eight-point star often represents the Morning Star (Venus).

1. Color the cuff. Cut out the cuff on the bold outer line.
2. Adult: fold on the outer dotted line on each end.
Child: fold on the inner dotted line on each end.
Cut off the outer edge at the child-size cut line.
3. Punch out the holes on both ends.
4. Thread the yarn through the holes and tie.

